ANSI/ASSP A10.50-2024

Standard for Heat Stress Management In Construction and Demolition Operations



AMERICAN SOCIETY OF SAFETY PROFESSIONALS



The information and materials contained in this publication have been developed from sources believed to be reliable. However, the American Society of Safety Professionals (ASSP) as secretariat of the ANSI accredited A10 Committee or individual committee members accept no legal responsibility for the correctness or completeness of this material or its application to specific factual situations. By publication of this standard, ASSP or the A10 Committee does not ensure that adherence to these recommendations will protect the safety or health of any persons or preserve property.

ANSI/ASSP A10.50 - 2024

American National Standard Construction and Demolition Operations

Standard for Heat Stress Management In Construction and Demolition Operations

Secretariat

American Society of Safety Professionals 520 N. Northwest Highway Park Ridge, Illinois 60068

Approved January 4, 2024

American National Standards Institute

American National Standard

Approval of an American National Standard requires verification by ANSI that the requirements for due process, consensus, and other criteria for approval have been met by the standards developer. Consensus is established when, in the judgment of the ANSI Board of Standards Review, substantial agreement has been reached by directly and materially affected interests. Substantial agreement means much more than a simple majority, but not necessarily unanimity. Consensus requires that all views and objections be considered, and that a concerted effort be made toward their resolution. The use of American National Standards is completely voluntary; their existence does not in any respect preclude anyone, whether they have approved the standards or not, from manufacturing, marketing, purchasing, or using products, processes, or procedures not conforming to the standards. The American National Standards Institute does not develop standards and will in no circumstance give an interpretation of any American National Standard. Moreover, no person shall have the right or authority to issue an interpretation of an American National Standard in the name of the American National Standards Institute. Requests for interpretation should be addressed to the secretariat or sponsor whose name appears on the title page of this standard.

Caution Notice: This American National Standard may be revised or withdrawn at any time. The procedures of the American National Standards Institute require that action be taken periodically to reaffirm, revise, or withdraw this standard. Purchasers of American National Standards may receive current information on all standards by calling or writing the American National Standards Institute.

Published February 2024 by

American Society of Safety Professionals 520 N. Northwest Highway Park Ridge, Illinois 60068 (847) 699-2929 • www.assp.org

Copyright © 2024 by American Society of Safety Professionals All Rights Reserved.

No part of this publication may be reproduced in any form, in an electronic retrieval system or otherwise, without the prior written permission of the publisher.

Printed in the United States of America

Foreword (This Foreword is not a part of American National Standard A10.50-2024.)

This standard is one of a series of safety standards that have been formulated by the Accredited Standards Committee on Safety in Construction and Demolition Operations, A10. It is expected that the standards in the A10 series will find a major application in industry, serving as a guide to contractors, labor and equipment manufacturers. For the convenience of users, a list of existing and proposed standards and technical materials in the A10 series for Safety Requirements in Construction and Demolition Operations follows.

- A10.0 The Construction and Demolition Compendium of Standards
- A10.1 Pre-Project & Pre-Task Safety & Health Planning
- A10.2 Safety, Health, and Environmental Training (under development)
- A10.3 Powder-Actuated Fastening Systems
- A10.4 Personnel Hoists and Employee Elevators
- A10.5 Material Hoists
- A10.6 Demolition Operations
- A10.7 Use, Storage, Handling and Site Movement of Commercial Explosives and Blasting Agents
- A10.8 Scaffolding
- A10.9 Concrete and Masonry Construction
- A10.11 Personnel Nets
- A10.12 Excavation
- A10.13 Steel Erection
- A10.15 Dredging
- A10.16 Tunnels, Shafts and Caissons
- A10.18 Temporary Roof and Floor Holes, Wall Openings, Stairways and Other Unprotected Edges
- A10.19 Driven Pile Installation and Extraction Operations
- A10.21 Safe Construction and Demolition of Wind Generation/Turbine Facilities
- A10.22 Rope-Guided and Non-Guided Workers' Hoists
- A10.23 Safety Requirements for the Installation of Drilled Shafts
- A10.24 Roofing Safety Requirements for Low-Sloped Roofs
- A10.25 Sanitation in Construction
- A10.26 Emergency Procedures for Construction Sites
- A10.28 Work Platforms Suspended from Cranes or Derricks
- A10.30 Installation of Anchors and Micropiles
- A10.31 Digger-Derricks
- A10.32 Fall Protection Systems for Construction Industry Users
- A10.33 Safety and Health Program Requirements for Multi-Employer Projects
- A10.34 Public Protection
- A10.35 Pressure Testing of Steel and Copper Piping Systems
- A10.37 Debris Nets
- A10.38 Basic Elements of a Program to Provide a Safe and Healthful Work Environment
- A10.39 Construction Safety and Health Audit Program
- A10.40 Reduction of Musculoskeletal Problems in Construction
- A10.42 Rigging Qualifications and Responsibilities in the Construction Industry
- A10.43 Confined Spaces in Construction and Demolition Operations
- A10.44 Lockout/Tagout in Construction
- A10.46 Hearing Loss Prevention
- A10.47 Highway Construction Safety
- A10.48 Communication Structures
- A10.49 Control of Chemical Health Hazards
- A10.50 Heat Stress Management in Construction and Demolition Operations
- A10.100 Prevention through Design in Construction
- A10.101 Drones in Construction (under development)
- A10.103 Lagging and Leading Indicators Used in Construction (under development)
- A10.104 Pandemics and Infectious Diseases on Construction and Demolition Sites (under development)

One purpose of these standards is to serve as guides to governmental authorities having jurisdiction over subjects within the scope of the A10 Committee standards. If these standards are adopted for governmental use, the reference of other national codes or standards in individual volumes may be changed to refer to the corresponding regulations.

Normative Requirements: This standard uses the single column format common to many international standards. The normative requirements appear aligned to the left margin. To meet the requirements of this standard, machinery, equipment and process suppliers and users must conform to these normative requirements. These requirements typically use the verb "shall."

NOTE: The informative or explanatory notes in this standard appear indented, in italics, in a reduced font size, which is an effort to provide a visual signal to the reader that this is informative note, not normative text, and is not to be considered part of the requirements of this standard; this text is advisory in nature only. The suppliers and users are not required to conform to the informative note. The informative note is presented in this manner in an attempt to enhance readability and to provide explanation or guidance to the sections they follow.

Revisions: The A10 Committee welcomes proposals for revisions to this standard. Revisions are made to the standard periodically (usually five years from the date of the standard) to incorporate changes that appear necessary or desirable, as demonstrated by experience gained from the application of the standard. Proposals should be as specific as possible, citing the relevant section number(s), the proposed wording, and the reason for the proposal. Pertinent documentation would enable the A10 Committee to process the changes in a more-timely manner.

Interpretations: Upon a request in writing to the Secretariat, the A10 Committee will render an interpretation of any requirement of the standard. The request for interpretation should be clear, citing the relevant section number(s) and phrased as a request for a clarification of a specific requirement. Oral interpretations are not provided.

No one but the A10 Committee (through the A10 Secretariat) is authorized to provide any interpretation of this standard.

Approval: Neither the A10 Committee nor American National Standards Institute (ANSI) approves, certifies, rates, or endorses any item, construction, proprietary device or activity.

Appendices: Appendices are included in most standards to provide the user with additional information related to the subject of the standard. Appendices are not part of the approved standard.

Checklists: Checklists included in A10 standards may be copied and used in non-commercial settings only.

Committee Meetings: The A10 Committee meets twice per year. Persons wishing to attend a meeting should contact the Secretariat for information.

Standard Approval: This standard was processed and approved for submittal to ANSI by the American National Standards Committee on Safety in Construction and Demolition Operations, A10. Approval of the standard does not necessarily imply (nor is it required) that all Committee members voted for its approval. At the time ANSI approved this standard, the A10 Committee had the following members:

John Johnson, CSP, Chair Steven Rank, Vice Chair Timothy R. Fisher, CSP, CHMM, ARM, CPEA, FASSP, Secretary Lauren Bauerschmidt, MS Engr, CSP, STS, Assistant Secretary Jennie Dalesandro, Administrative Technical Support

Organization Represented

3M

AFL-CIO AGC of America

Alliance of Hazardous Materials Professionals American Clean Power Association

American Insurance Services Group

American Society of Civil Engineers American Society of Safety Professionals

Associated Builders & Contractors, Inc.

Astrus Insurance Solutions

Barton Malow Company

Black & Veatch

Bobick and Associates Consulting LLC

Brewington & Company Building & Construction Trades Department

Century Elevators Clark Construction Group

Conner Strong & Buckelew

Construction & Realty Safety Group, Inc.

CPWR - The Center for Construction Research & Training Eckstine & Associates, Inc.

Name of Representative

Raymond Mann Steven McPherson Rebecca Reindel Michael McCaffrey Kevin Cannon, CSP, ARM Carl Heinlein, CSP, ARM, CRIS Doug Watson, SHEP, CSHO(D), SSH, STSC Adam Stone Thad Nosal James Borchardt, CSP, CPE John O'Connor, P.E. Ken Shorter, CSP, ARM, TCDS Mark Webster, P.E. Greg Sizemore Joe Xavier Timothy Bergeron, MA, CSP, CRIS Doug Jenkins, CHST Mark Haggenmaker, CHST, CCHT Ryan Monahan John Johnson, CSP Shelly Pizzi, CSP, CIH Thomas Bobick, Ph.D., P.E., CSP, CPE Steven Markovich, BS, ChE, MBA John Brewington, Jr., CSFM, CEM Chris Cain, CIH Gary Gustafson Eric Schmidt, P.E. Justin Rihn Derek Wilson, MS, CSP, CHST Eric Voight, CSP Ken Bogdan Ron Lattanzio Frank Marino Babak Memarian, Ph.D., CSP, CHST Gavin West, MPH **Dennis Eckstine** Matthew Eckstine

Edison Electric Institute

Elevator Industry Work Preservation Fund

Ellis Fall Safety Solutions, LLC

Engineering Systems, Inc.

FallTech

Fluor Corporation

Fraco Products Ltd.

Gilbane Building Co.

Hislop, Richard D.

Institute of Makers of Explosives

International Association of Bridge, Structural, Ornamental & Reinforcing Iron Workers International Association of Heat & Frost Insulators &

Allied Workers International Brotherhood of Boilermakers

International Brotherhood of Electrical Workers International Brotherhood of Teamsters

International Safety Equipment Association

International Union of Bricklayers & Allied Craftworkers

International Union of Elevator Constructors

International Union of Operating Engineers

IUPAT Kiewit Corporation

Laborers' International Union of North America

Lamar Advertising Company

Joseph DiPlacido, MS, CSP Carren Spencer Michael Morand James Demmel John Whitty, P.E. Alan Goard, MS, CSP David Ahearn, P.E. Edward Tuczak, P.E. Zachary Winters John Anderson Michael Weatherred, CSP Jim Bates, CSP Shanon Beekman Francois Villeneuve Andrew Valentine, CHST, LEED AP Taylor Pedmo, GSP, STSC Richard Hislop, P.E., CSP, ARM Shawn Bradfield, CSP Joshua Hoffman, Ph.D., P.E. Susan Flanagan Steven Rank Wayne Creasap II Tim Keane

Mark Garrett Bridget Connors Mark MacNichol Charles Austin, MSc Enjoli DeGrasse, MSPH, CIH Diana Jones Daniel Glucksman David Wysocki Liliana Calderon David Griefenhagen Eric McClaskey Christopher Treml Thomas McNamara Kenneth Seal Rustv Brown, CSP Jenna Gruner Travis Parsons, MS Ryan Papariello, GSP Chuck Wigger, CSP, ARM Beth Phelps

Lendlease Corporation Liberty Mutual

Lockton Companies

Maryland Occupational Safety & Health

Mechanical Contractors Association of America

Miller & Long Co., Inc. NATE: The Communications Infrastructure Contractors Association National Association of Home Builders

National Electrical Contractors Association

National Institute for Occupational Safety & Health

National Railroad Construction & Maintenance Association National Roofing Contractors Association

NESTI, Inc.

Operative Plasterers & Cement Masons International Association PATMI Petroleum Equipment Institute

Phoenix Fabricators & Erectors, LLC Scaffold & Access Industry Association

Sheet Metal & Air Conditioning Contractors National Association SMART Union

SPA, LLC Stock Enterprises

The Association of Union Constructors Turner Construction Company

U.S. Army Corps of Engineers

Michael Lentz Derek Spain, CSP, ARM John Rabovsky, MS, CSP, CHST, CRIS, ARM Dwayne Hartman, CSP, CRIS Jeffrey Dougherty, CRIS Mischelle Vanreusel Michael Penn, CSP, SMS Raffi Elchemmas, CHST Peter Chaney, MS, CSP Alex Rodas, CHST Kathryn Stieler John (JP) Jones Brad Mannion Felicia Watson Wesley Wheeler, SMS, CESCP Mike Starner, CUSP Hugo Camargo, Ph.D. G. Scott Earnest, Ph.D., P.E., CSP Jeffrey Meddin, CSP, CHEP, CHCM Matthew Rossing, CSP Cheryl Ambrose, CHST, OHST **Rich Trewyn** Michael Hayslip, P.E., CSP Jack Madeley, MS, P.E., CSP Tony Longbrake James Borchers Scott Boorse Melinda Whitney Kurt Fuller, P.E. Tracy Dutting-Kane, P.E. DeAnna Martin Justin Crandol, MS, CSP, ARM, CRIS Jason Galoozis Aldo Zambetti Jeffrey Bradley Stanley Pulz, CSP, P.E. Steve Stock, P.E., PLS Ali Lucas Alex Kopp Cindy DePrater, ALCM Abdon Friend, CSP Jason Walsh, CSP, SMS William Eggleston

U.S. Department of Energy

United Association of Plumbers and Pipefitters

United Brotherhood of Carpenters & Joiners of America

United Union of Roofers, Waterproofers & Allied Workers

West Virginia University Extension Service

Observers and Non-Voting Members:

ADSC - International Association of Foundation Drilling

AECOM

Alberici Constructors

AZCO, Inc.

DPR Construction Electrical Training Alliance eSystem Training Solutions

Leon De Oro USA Inc. MVE Group, Inc.

National Demolition Association

Samson Rope Technologies Skanska

Transurban U.S. Department of Labor - OSHA

waltjonesy&friends Warfel Construction Company Craig Schumann Maurice Haygood Jennifer Massey, CSP, CRIS, MLIS, CHST, OHST, STSC Rita Neiderheiser, CHST, CIT Chad McDonald, MS, CSP, CHST, STSC, CIT Brian Connearney, ASP, CHST, STSC, CIT Richard Tessier Keith Vitkovich Mark Fullen, Ed.D., CSP Brandon Takacs, CSP, CSHM

Peggy Hagerty Duffy Richard Marshall, CHST Curtis Corley, ASP, CHST James McIntyre Bo Cooper Kathleen Dobson, CSP, SMS, CIT, CHST, STSC Jason Konrad, CSP Jason Scollin, MS, CSP, ASP, CHST, STSC Paul Butler, CSP, CHST Palmer Hickman, CESCP Don Doty Gordon Lyman Edward McKechnie Kevin Stoltzfus, CHST Ryan Thomas Chris Godek Jeffrey Lambert Ross Anderton Joaquin Diaz, MM, CIH, CSP, CHST, OHST Whitney Williams, MS, CSP Alex Willey Erin Gilmore, MS, MPH, CSP, CHMM Scott Ketcham, MPA, CSP Walter Jones, CIH Jeffrey Pierce, CSP, CHST, CFPS

Subcommittee A10.50 had the following members:

Thomas Bobick, Ph.D., P.E., CSP, CPE, Chair David May, Sc.D., P.E., CIH, Vice Chair Rich Trewyn, Liaison Cheryl Ambrose, CHST, OHST Timothy Bergeron, MA, CSP, CRIS Thomas Bernard, Ph.D. LaMont Byrd, CIH Lisa Capicik, CSP, ASP, CHST Joseph DiPlacido, MS, CSP Rachel Eigen Andrew (Drew) Gaskins, CHST, STSC Daniel Glucksman Gary Hiers Dan Hoover, MS, MA, CSP Brenda Jacklitsch, Ph.D., MS James Keating Brad Mannion Margaret Morrissey-Basler, Ph.D. Ryan Papariello, GSP **Beth Phelps** Scott Schneider, MS Josh Snead Shawn Stasko **Richard Tessier** Wayne Vanderhoof, CSP, CIT Felicia Watson Gavin West, MPH Chuck Wigger, CSP, ARM Ted Wilkinson Alex Willey W. Jon Williams, Ph.D.

Contents

1. General	13
1.1 Scope	13
1.2 Purpose	13
1.3 Objective	
2. Abbreviations, References, and Other Resources	13
2.1 Abbreviations	
2.2 References	13
2.3 Other Resources	14
3. Definitions	14
4. Heat Stress Management Program	16
5. Acclimatization Plan	16
5.1 Acclimatization Assessment	17
5.2 Initial Acclimatization	
5.3 Re-acclimatization	18
6. Workplace Surveillance/Risk Assessment and Control	18
6.1 Heat Risk Assessment	18
6.2 Heat Stress Risk Controls	20
7. Self-Awareness of Personal Risk Factors	21
7.1 Risk Factors and Pre-Existing Conditions	22
7.2 Awareness of Onsite Heat Illness	22
8. Medical Surveillance	22
9. First Aid and Emergency Action Plan	22
9.1 Signs and Symptoms	22
9.2 Recovery Actions	23
9.3 Emergency Action Procedures	23
10. Employee Participation	24
10.1 Employee Input	24
10.2 Safety Committee	24
10.3 Reporting	24
10.4 Stop Work Authority	24
11. Implementation of Heat Stress Controls	24
11.1 Engineering Controls	24
11.2 Administrative Controls	25
11.3 Personal Protective Equipment	25
12. Responsibilities	25

12.1 Employer Responsibilities	25
12.2 Supervisor Responsibilities	26
12.3 Employee Responsibilities	26
12.4 Competent Person Responsibilities	26
12.5 Qualified Person Responsibilities	27
13. Training	27
13.1 Supervisor Training	
13.2 Competent Person Training	27
13.3 Qualified Person Training	28
13.4 Employee Training	28
13.5 Retraining Requirements	29
Appendix 1: Model Heat Stress Management Program and Checklists	
Appendix 2: Heat Stress Measurement Methods	
Appendix 3: Features of WBGT Instruments	
Appendix 4: Scheduled Rest Breaks	54
Appendix 5: Vests and Cooling Accessories	56
Appendix 6: Acclimatization Information and Decision Flow Chart	58
Appendix 7: Body Cooling Methods	60
Appendix 8: Medical Surveillance and Physiological Monitoring	62
Appendix 9: Emergency Action Plan for Heat Stroke	64

AMERICAN NATIONAL STANDARD A10.50 STANDARD FOR HEAT STRESS MANAGEMENT IN CONSTRUCTION AND DEMOLITION OPERATIONS

1. General

1.1 Scope

This standard establishes the minimum requirements for the prevention of heat illnesses and management of heat stress hazards and exposures encountered during construction and demolition operations. It establishes procedures for the management of heat stress hazards and the selection and use of appropriate controls and practices to reduce risks presented by heat stress and prevention of heat illnesses for all work environments.

1.2 Purpose

The purpose of this standard is to reduce the risk to workers of adverse occupational health effects from heat stress due to heat exposures in construction and demolition operations.

1.3 Objective

The objective of this standard is to (a) assist users in recognizing signs and symptoms of heatrelated disorders in both indoor and outdoor work environments; (b) provide methods and strategies for reducing or eliminating workers' emergent heat-related disorders at construction worksites; and (c) provide planning help to establish training content for workers and supervisors related to heat stress and heat-related disorders.

2. Abbreviations, References, and Other Resources

2.1 Abbreviations

°C – degrees Celsius

°F – degrees Fahrenheit

ACGIH – formerly known as American Conference of Governmental Industrial Hygienists AIHA – American Industrial Hygiene Association

bpm – beats per minute

ISO – International Organization for Standardization

HSMP – Heat Stress Management Program

NIOSH - National Institute for Occupational Safety and Health

NWS – National Weather Service of the National Oceanic and Atmospheric Administration

OSHA – Occupational Safety and Health Administration

RWS – Regular Work Schedule

TACO – Tarp Assisted Cooling with Oscillation

UPF-Rating- Ultraviolet Protection Factor Rating

WBGT – Wet Bulb Globe Temperature (an index of the ambient environment)

WBGT_{clo} – WBGT which includes adjustments for PPE clothing

2.2 References

ACGIH (2023). Heat Stress and Strain. In *TLVs and BEIs: Threshold Limit Values for Chemical Substances and Physical Agents and Biological Exposure Indices.* Cincinnati: ACGIH.

Bernard T. E. and Iheanacho (2015). Heat Index and Adjusted Temperature as Surrogates for Wet Bulb Globe Temperature to Screen for Occupational Heat Stress. *Journal of Occupational and Environmental Hygiene*. 12: 323-333